

# MusculoSkeletal Formula™

## Connective Tissue Support

**4Life®**  
TOGETHER, BUILDING PEOPLE®

The muscles of the body work together day after day to keep the body in motion. Consistent or repetitive strain on the muscles takes a toll on the body leading to inflammation and a build up of metabolic waste. The build up of metabolic waste in the muscles, where cells remain tight and overly acidic, often are the result of overuse, improper stretching, poor nutrition and most commonly, stress. The accumulation of waste products that build up in muscles, inevitably result in muscles becoming stiff and run down. 4Life® offers MusculoSkeletal Formula for relief to these overused and over stressed muscles by helping to remove unwanted metabolic waste.

Using a proprietary blend of specialized herbs, MusculoSkeletal Formula helps relieve the muscle from inflammation by safely and effectively moving the metabolic waste to the liver and kidneys for eventual removal from the body. Further, MusculoSkeletal Formula works to promote healthy connective tissues and bone marrow.

## Key Points

- **Nutrient Support:** Gotu kola, devil's claw and ginger, known as herbal anti-inflammatories, form the base of relief from inflammation in the muscles. These ingredients are gentle and effective—soreness and discomfort will disappear.\*
- **Soft Tissue Support:** The soft tissue connectors of the body are important and often the source of severe pain. Soft tissue includes the muscles, tendons, nerves and ligaments. The ingredients gotu kola, saw palmetto and alfalfa serve as nutrition tools to offer relief and reduce the effects of stiffness and strain.

## Did you know?

Stretching is a simple way to keep joints and muscles flexible. It helps to relieve stress and lengthen the shortened muscle fibers for better blood flow, which will help carry waste products away.

The human body has over 650 different muscles, 300 bones and 230 moveable and semi-moveable joints.

You may read about the experiences others have had with MusculoSkeletal Formula on the 4Life corporate website at [www.4life.com](http://www.4life.com) in the 4Life Products section.



MusculoSkeletal Formula™

**DIRECTIONS:** Take one (1) capsule twice daily with 8 oz of fluid.

## Supplement Facts

**Serving Size:** One (1) Capsule  
**Servings Per Container:** 60

Amount Per Serving		%DV*
Alfalfa ( <i>Medicago sativa</i> ) aerial parts	110 mg	†
Gotu Kola ( <i>Centella asiatica</i> ) aerial parts	55 mg	†
Devil's Claw ( <i>Harpagophytum procumbens</i> ) root	55 mg	†
Turmeric ( <i>Curcuma longa</i> ) root	55 mg	†
Ginger ( <i>Zingiber officinale</i> ) root	55 mg	†
Saw Palmetto ( <i>Serenoa repens</i> ) berry	55 mg	†
Wild Yam ( <i>Dioscorea villosa</i> ) root	30 mg	†
<b>Proprietary Blend</b>	<b>45 mg</b>	†
Alfalfa ( <i>Medicago sativa</i> ) juice extract		
Devil's Claw ( <i>Harpagophytum procumbens</i> ) root extract		
Gotu Kola ( <i>Centella asiatica</i> ) leaf extract		
Ginger ( <i>Zingiber officinale</i> ) root extract		
Saw Palmetto ( <i>Serenoa repens</i> ) berry extract		
Wild Yam ( <i>Dioscorea villosa</i> ) root extract		

\* Daily Value

† Daily Value not established

**Other Ingredients:** Gelatin capsule, magnesium stearate.

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## Technical Points

- MusculoSkeletal Formula is not intended to be used as a detoxification product as it does little to affect the liver or kidneys. The benefit of MusculoSkeletal Formula relates to muscles and connective tissue health.
- The proprietary blend in MusculoSkeletal Formula includes eight extracts of key nutrients that provide powerful phytonutrients to aid in support of the muscles and connective tissues. An additional benefit of the proprietary blend is the guaranteed potency available from the exclusive extract blend.

### Ordering Information

Bottle  
Item # 7030 - 60 ct./bottle  
Item # 7031 - 12 for the price of 11

Blister Pack  
Item # 7035 - 100 capsules  
Item # 7037 - 12 blisters for the price of 11

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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease. For use in the United States